

# Word Search

## VALENTINE'S DAY



L O V E R S V T C A L K O A  
 F K S W E E T H E A R T D G  
 V E I J Y K R E P F R E S M  
 A A B N H E A R T O R D D F  
 C Y L R D H R E I R T P S R  
 L A W E U N P D F G R B K I  
 O G N H N A E E D E O T C E  
 V F J D U T R S B T M F U N  
 E L B H Y G I Y S M A E P D  
 D O D Y B G S N K E N L I S  
 F W T I F M H C E N C A D K  
 H E Z P H A P P Y O E C C U  
 L R P I N K U S F T G E Z M  
 D S C H O C O L A T E H M F

Lovers	Red	Lace	Kindness
Happy	Heart	Hugs	Romance
February	Cupid	Sweetheart	Pink
Love	Flowers	Cards	Valentine
Chocolate	Friends	Forget-me-not	Candy

## PACE North February 2026

Call PACE first if you have any medical issues or questions. Medical staff is always available by phone at: (231) 252-2767. We can help and want to ensure your safety.

### PACE North

2325 Garfield Rd N  
 Traverse City, MI, 49686  
 (231) 252-2767



### February is National Recreational Therapy Month

Recreational Therapy Month is a great time to recognize the important role that meaningful activities play in health and well-being. Recreational therapy focuses on improving quality of life through engaging physical, social, creative, and cognitive activities that support independence and joy. Whether it's exercise groups, games, music, crafts, or social events, these programs are designed to keep participants connected, active and motivated. We celebrate our recreational therapy team for the energy, creativity, and compassion they bring each day — and we encourage all participants to join in and try something new this month.

Diane P	2/03	Alan K	2/11
Gayle R	2/03	Chris S	2/18
Judith G	2/04	Valma D	2/19
Kris S	2/04	Robb S	2/21
Wilma C	2/05	Sheryl S	2/25
Naomi S	2/05	Jean S	2/26
Forrest L	2/06	Mary W	2/26
Renee V	2/06	Martin B	2/27
		Renee L	2/28



**REC THERAPY TEAM**

**MARIA—ELISE—AMIE—BROOKE**

FEBRUARY 2026				
Monday	Tuesday	Wednesday	Thursday	Friday
Wednesdays 12:30 Women’s Group BINGO played daily if time allows!	<i>*Activities &amp; Times are Subject to Change*</i>			
2 Ground Hog Day—Will he see his Shadow? Manicures Karaoke LUNCH—Breakfast for Lunch Let’s Get Moving with Jillian Facebook Fun	3 National Feed the Birds Day! Bird Feeders Craft LUNCH—Pulled Pork Sandwiches Let’s Get Moving with Jillian Poker Table Games	4 Manicures Warm Up Wednesday! LUNCH—Chicken Strips Let’s Get Moving with Jillian Trivia or Would You Rather? Balloon Volleyball	5 Hand Spa Facebook Fun LUNCH—Country Fried Steak Let’s Get Moving with Jillian Poker Crafts	6 Super Bowl Weekend Wear RWB for the Patriots or Green/Blue for Seahawks! Appetizer Taste Testing Football Fun & Super Bowl Squares LUNCH—Chili Let’s Get Moving with Jillian Balloon Volleyball
9 Book Mobile Olympic Fun Hand Spa LUNCH—Tacos Let’s Get Moving with Jillian Who Am I?	10 Dental Mobile Clinic Olympic Fun Manicures LUNCH—Baked Ziti Let’s Get Moving with Jillian Poker and Trivia	11 Olympic Fun Table Games LUNCH—Italian Chicken Breast 12:45 Miriam Pico Sing a long Let’s Get Moving with Jillian	12 Hearing Mobile Clinic & Book Mobile Olympic Fun Karaoke LUNCH—Scalloped Potatoes & Ham Let’s Get Moving with Jillian Gratitude with Skittles Game	13 Will you be My Valentine? Poem Writing Heart Crafts LUNCH—Goulash Let’s Get Moving with Jillian Strawberry Floats
16 Movement Monday—Athleisure VISION MOBILE CLINIC FUNctional FUN LUNCH—Beef Stroganoff Let’s Get Moving with Jillian Crafts	17 Sensory Suited—Colors/Textures	18 PACE COLORS! Greens/Tans	19 Throwback —Pick your decade	20 Hobby Friday—Sports, Gardener, Cook, etc.
RECREATION THERAPY SPIRIT WEEK CELEBRATION				
				Dental Mobile Clinic
23 National Tile Day! Tile Painting Craft LUNCH—Chicken Philly Sandwiches Let’s Get Moving with Jillian Karaoke	24 Crafts LUNCH—Beef Barley South and Subs Let’s Get Moving with Jillian Paper Airplanes	25 Trivia or Would You Rather? LUNCH—Wet Burritos Let’s Get Moving with Jillian Homemade BUTTER!	26 Karaoke Manicures LUNCH—Chicken Strips Let’s Get Moving with Jillian Snowball Fight	27 Spelling Bee Hand Spa LUNCH—Reuben Sliders Let’s Get Moving with Jillian