







JANUARY 2026 ACTIVITIES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>BINGO will be offered daily as time allows. BINGO prizes are now BINGO bucks that can be used to “buy” things from the BINGO store.</i></p> 	<div><p>Recreation Therapist Assistants Elise J and Amie B</p><p>If you have any questions or suggestions for activities, please let them know!</p></div>		<p>1</p> <p>CENTER CLOSED</p>	<p>2</p> <p>Manicures Crafts LUNCH—Italian Chicken Breast Let’s Get Moving with Jillian Poker</p>
<p>5</p> <p>Crafts LUNCH—Chicken Cordon-Bleu Let’s Get Moving with Jillian This Day in History</p>	<p>6</p> <p>Crafts LUNCH—Nachos Let’s Get Moving with Jillian Poker</p>	<p>7</p> <p>LUNCH—Cheeseburger Let’s Get Moving with Jillian Gratitude Journals-Resolutions</p>	<p>8</p> <p>BOOK MOBILE DAY HEARING MOBILE CLINIC Manicures LUNCH—Beef Tips/Gravy Let’s Get Moving with Jillian Elvis Karaoke</p> 	<p>9</p> <p>Facebook FUN LUNCH—Chicken Noodle Soup Let’s Get Moving with Jillian Ladies Day—Facials Poker</p>
<p>12</p> <p>BOOK MOBILE DAY VISION MOBILE CLINIC LUNCH—Baked Italian Sliders Let’s Get Moving with Jillian Karaoke</p> 	<p>13</p> <p>Gratitude Journals-Resolutions Manicures LUNCH—Chicken & Dumplings Let’s Get Moving with Jillia Poker</p>	<p>14</p> <p>Hand Spa LUNCH—Meatloaf Let’s Get Moving with Jillian FaceBook FUN</p>	<p>15</p> <p>DENTAL MOBILE CLINIC Crafts LUNCH—Kielbasa & Saurkraut Let’s Get Moving with Jillian This Day in History</p>	<p>16</p> <p>LUNCH—Stuffed Shells w/Marinara Let’s Get Moving with Jillian Armchair Travel— Poker</p>
<p>19</p> <p>CENTER CLOSED</p> 	<p>20</p> <p>Balloon Volleyball LUNCH—Lasagna Let’s Get Moving with Jillian Crafts Poker</p>	<p>21</p> <p>National HUG Day! Manicures LUNCH—Beef Stew 12:30 PM—Bible Study w/Kathy D</p>	<p>22</p> <p>Facials LUNCH—Salisbury Steak Let’s Get Moving with Jillian Karaoke</p> 	<p>23</p> <p>DENTAL MOBILE CLINIC Facebook FUN LUNCH—Breakfast Let’s Get Moving with Jillian 1:00 pm Art w/Emma Poker</p>
<p>26</p> <p>Manicures Facebook FUN LUNCH—Beef Barley Soup Let’s Get Moving with Jillian Gratitude Journals—Resolutions</p>	<p>27</p> <p>This Day in History LUNCH—Chicken Fajita Burrito Let’s Get Moving with Jillian Poker</p>	<p>28</p> <p>Crafts LUNCH—Wet Burrito Let’s Get Moving with Jillian</p> 	<p>29</p> <p>Balloon Volleyball LUNCH—Meatloaf Let’s Get Moving with Jillian</p>	<p>30</p> <p>Manicures LUNCH—Goulash Let’s Get Moving with Jillian Hand Spa</p>

Word Search
ELVIS MOVIES



P L K H J R F U E V G Q D Z
J O I A U O L I K T I L O C
A V N R E U A L I H R J U L
I E G U T S M O D I L G B A
L M C M I T I V G S H C L M
H E R S C A N I A I A H E B
O T E C K B G N L S P A T A
U E O A L O S G A E P R R K
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C B L U E H A W A I I W E G
K S T A Y A W A Y J O E B X

Love Me Tender
This Is Elvis
Girl Happy
Double Trouble
Stay Away Joe

Loving You
Blue Hawaii
Tickle Me
Clambake

Jailhouse Rock
Kid Galahad
Harum Scarum
Charro

King Creole
Roustabout
Spinout
Flaming Star

PACE North JANUARY 2026

PACE North

2325 Garfield Rd N
Traverse City, MI, 49686
(231) 252-2767

Call PACE first if you have any medical
issues or questions. Medical staff is
available by phone 24/7 at:

(231) 252-2767

Winter Safety Reminder

Winter is here, and we want
you to stay safe at home.

Please remember to keep your
sidewalk and driveway clear of snow
and ice. When these areas are clean,
it helps **you stay safe** when you walk
outside. It also helps **our PACE team**
stay safe when we come to visit you.

If you need help or do not have
the tools to clear snow, please tell
your social worker. We are here to
support you and find the right
resources.

Thank you for helping keep
everyone safe this winter.



May B	1/01	Michael Z	1/19
MaryAnn C	1/02	Robert F	1/20
Shelley M	1/02	Cynthia B	1/21
Chuck M	1/03	Paul G	1/21
Julie S	1/05	Margaret V	1/21
Karen D	1/08	Russell B	1/23
Vince S	1/08	Art C	1/24
Kathleen E	1/09	Mary P	1/24
Marion K	1/12	Virginia A	1/27
Rachell P	1/12	Kathryn M	1/28
Jay L	1/16	Beverly T	1/29
Gerald R	1/18	Nancy B	1/31
		Pamela L	1/31

Report ALL Falls!

If you experience a fall, contact
the Center as soon as you're
able. Select option "1" from our
phone prompts to report your
fall. You will be contacted by
your care team, promptly!

Fall Prevention Tip:

Clear the clutter. No loose rugs or
cords in your path.

Refer a Friend

Do you have a friend or family
member who might benefit from
knowing more about PACE? Have
them call us, mention your name, and
you will be entered into a drawing for
a prize!