

# JANUARY 2026 ACTIVITIES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>BINGO</b> will be offered daily as time allows.  <b>BINGO</b> prizes are now <b>BINGO</b> bucks that can be used to "buy" things from the <b>BINGO</b> store.</p> 	<p><b>Recreation Therapist Assistants</b>  <b>Elise J and Amie B</b></p> <p>If you have any questions or suggestions for activities, please let them know!</p>		<p>1</p> <p><b>CENTER CLOSED</b></p>	<p>2</p> <p>Manicures</p> <p>Crafts</p> <p><b>LUNCH</b>—Italian Chicken Breast</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Poker</p>
<p>5</p> <p>Crafts</p> <p><b>LUNCH</b>—Chicken Cordon-Bleu</p> <p><b>Let's Get Moving</b> with Jillian</p> <p><b>This Day in History</b></p>	<p>6</p> <p>Crafts</p> <p><b>LUNCH</b>—Nachos</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Poker</p>	<p>7</p> <p><b>LUNCH</b>—Cheeseburger</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Gratitude Journals-Resolutions</p>	<p>8</p> <p><b>BOOK MOBILE DAY</b></p> <p><b>HEARING MOBILE CLINIC</b></p> <p>Manicures</p> <p><b>LUNCH</b>—Beef Tips/Gravy</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Elvis Karaoke</p> 	<p>9</p> <p><b>Facebook FUN</b></p> <p><b>LUNCH</b>—Chicken Noodle Soup</p> <p><b>Let's Get Moving</b> with Jillian</p> <p><b>Ladies Day</b>—Facials</p> <p>Poker</p>
<p>12</p> <p><b>BOOK MOBILE DAY</b></p> <p><b>VISION MOBILE CLINIC</b></p> <p><b>LUNCH</b>—Baked Italian Sliders</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Karaoke</p> 	<p>13</p> <p>Gratitude Journals-Resolutions</p> <p>Manicures</p> <p><b>LUNCH</b>—Chicken &amp; Dumplings</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Poker</p>	<p>14</p> <p><b>Hand Spa</b></p> <p><b>LUNCH</b>—Meatloaf</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>FaceBook FUN</p>	<p>15</p> <p><b>DENTAL MOBILE CLINIC</b></p> <p>Crafts</p> <p><b>LUNCH</b>—Kielbasa &amp; Sauerkraut</p> <p><b>Let's Get Moving</b> with Jillian</p> <p><b>This Day in History</b></p>	<p>16</p> <p><b>LUNCH</b>—Stuffed Shells w/Marinara</p> <p><b>Let's Get Moving</b> with Jillian</p> <p><b>Armchair Travel</b>—</p> <p>Poker</p>
<p>19</p> <p><b>CENTER CLOSED</b></p> 	<p>20</p> <p><b>Balloon Volleyball</b></p> <p><b>LUNCH</b>—Lasagna</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Crafts</p> <p>Poker</p>	<p>21</p> <p><b>National HUG Day!</b></p> <p>Manicures</p> <p><b>LUNCH</b>—Beef Stew</p> <p>12:30 PM—Bible Study w/Kathy D</p>	<p>22</p> <p>Facials</p> <p><b>LUNCH</b>—Salisbury Steak</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Karaoke</p> 	<p>23</p> <p><b>DENTAL MOBILE CLINIC</b></p> <p>Facebook FUN</p> <p><b>LUNCH</b>—Breakfast</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>1:00 pm Art w/Emma</p> <p>Poker</p>
<p>26</p> <p>Manicures</p> <p><b>Facebook FUN</b></p> <p><b>LUNCH</b>—Beef Barley Soup</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Gratitude Journals—Resolutions</p>	<p>27</p> <p><b>This Day in History</b></p> <p><b>LUNCH</b>—Chicken Fajita Burrito</p> <p><b>Let's Get Moving</b> with Jillian</p> <p>Poker</p>	<p>28</p> <p>Crafts</p> <p><b>LUNCH</b>—Wet Burrito</p> <p><b>Let's Get Moving</b> with Jillian</p>	<p>29</p> <p>Balloon Volleyball</p> <p><b>LUNCH</b>—Meatloaf</p> <p><b>Let's Get Moving</b> with Jillian</p>	<p>30</p> <p>Manicures</p> <p><b>LUNCH</b>—Goulash</p> <p><b>Let's Get Moving</b> with Jillian</p> <p><b>Hand Spa</b></p>



## Word Search ELVIS MOVIES



P	L	K	H	J	R	F	U	E	V	G	Q	D	Z
J	O	I	A	U	O	L	I	K	T	I	L	O	C
A	V	N	R	E	U	A	L	I	H	R	J	U	L
I	E	G	U	T	S	M	O	D	I	L	G	B	A
L	M	C	M	I	T	I	V	G	S	H	C	L	M
H	E	R	S	C	A	N	I	A	I	A	H	E	B
O	T	E	C	K	B	G	N	L	S	P	A	T	A
U	E	O	A	L	O	S	G	A	E	P	R	R	K
S	N	L	R	E	U	T	Y	H	L	Y	R	O	E
E	D	E	U	M	T	A	O	A	V	G	O	U	W
R	E	K	M	E	G	R	U	D	I	T	E	B	V
O	R	S	P	I	N	O	U	T	S	Y	I	L	E
C	B	L	U	E	H	A	W	A	I	I	W	E	G
K	S	T	A	Y	A	W	A	Y	J	O	E	B	X

Love Me Tender	Loving You	Jailhouse Rock	King Creole
This Is Elvis	Blue Hawaii	Kid Galahad	Roustabout
Girl Happy	Tickle Me	Harum Scarum	Spinout
Double Trouble	Clambake	Charro	Flaming Star
Stay Away Joe			

## PACE North JANUARY 2026

### PACE North

2325 Garfield Rd N  
Traverse City, MI, 49686  
(231) 252-2767

Call PACE first if you have any medical issues or questions. Medical staff is available by phone 24/7 at:

**(231) 252-2767**

### Winter Safety Reminder

Winter is here, and we want you to stay safe at home.

Please remember to keep your sidewalk and driveway clear of snow and ice. When these areas are clean, it helps **you stay safe** when you walk outside. It also helps **our PACE team stay safe** when we come to visit you.

If you need help or do not have the tools to clear snow, please tell your social worker. We are here to support you and find the right resources.

Thank you for helping keep everyone safe this winter.

### Report ALL Falls!

If you experience a fall, contact the Center as soon as you're able. Select option "1" from our phone prompts to report your fall. You will be contacted by your care team, promptly!

#### Fall Prevention Tip:

*Clear the clutter. No loose rugs or cords in your path.*



May B	1/01	Michael Z	1/19
MaryAnn C	1/02	Robert F	1/20
Shelley M	1/02	Cynthia B	1/21
Chuck M	1/03	Paul G	1/21
Julie S	1/05	Margaret V	1/21
Karen D	1/08	Russell B	1/23
Vince S	1/08	Art C	1/24
Kathleen E	1/09	Mary P	1/24
Marion K	1/12	Virginia A	1/27
Rachell P	1/12	Kathryn M	1/28
Jay L	1/16	Beverly T	1/29
Gerald R	1/18	Nancy B	1/31
		Pamela L	1/31

### Refer a Friend

Do you have a friend or family member who might benefit from knowing more about PACE? Have them call us, mention your name, and you will be entered into a drawing for a prize!