

MAY 2022 ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00: Coffee & Word Puzzles 11:00: Bingo! 1:00: Surprise Activity with Sam! 2:00: Gardening Group 3:00: Outdoor Walking Group	3 Garden Meditation Day 10:00: Coffee & Word Puzzles 11:00: Mandala Coloring 1:00: Cooking Class with Ed: Berry jam 2:00: Meditation on the Patio 3:00: Game Shows	4 National Bird Day 10:00: Coffee & Word Puzzles 11:00: Bird Coloring Pages 1:00: Bird Trivia 2:00: Paint Bird Houses 3:00: Bird Watching on the Patio 	5 Cinco De Mayo! 10:00: Coffee & Word Puzzles 10:30: Yoga with Chris! 1:00: Cinco De Mayo Party! 2:00: Card Club or Craft Hour 3:00: Card Club and Craft Hour 	6 Happy Mothers Day Celebration 10:00: Coffee & Word Puzzles 11:00: Surprise Activity with Sam! 1:00: Bingo! 2:00: Mothers Day Social: Tea Party 3:00: Puzzle Party
9 10:00: Kaia The Therapy Dog! 11:00: Clay 1:00: Movie & Pajama Day! 3:00: Crossword Puzzles 	10 Outing: Shopping Trip to Walmart! 10:00: Coffee & Word Puzzles 11:00: Bingo! 1:00: Surprise Activity with Sam! 2:00: Card Club 3:00: Knitting Group	11 10:00: Coffee & Word Puzzles 11:00: Brain Games: Limericks! 1:00: Bible Study 2:00: Outdoor Walking Group 3:00: Game Puzzles	12 Special Guest: The Chocolate Lady! 10:00: Coffee & Word Puzzles 10:30: Yoga With Chris! 1:30: Chocolate Tasting! 3:00: Chocolate Trivia 	13 10:00: Coffee & Word Puzzles 11:00: Surprise Activity with Sam! 1:00: Bingo! 2:00: Wii Bowling 3:00: Zingo!
16 Cherry Blossom Festival! 10:00: Coffee & Word Puzzles 11:00: Cherry Blossom Trivia 1:00: Cherry Blossom Craft! 2:00: Cherry Treats! 3:00: Zingo! 	17 10:00: Coffee & Word Puzzles 11:00: Bingo! 1:00: Surprise Activity with Sam! 2:00: Outdoor Walking Group 3:00: Puzzle Party	18 Special Guest: Miriam Pico! 10:00: Coffee & Word Puzzles 11:00: Bingo! 1:30: Sing-a-long w. Miriam Pico! 2:00: Garden Group on the Patio! 3:00: Card Club 	19 10:00: Coffee & Word Puzzles 10:30: Yoga with Chris! 1:00: Canvas Painting 1:30: Trivia! 3:00: Knitting Group	20 National Rescue Dog Day 10:00: Coffee & Word Puzzles 11:00: Surprise Activity with Sam! 1:00: Pet Adoption! 2:00: Humane Society Donations 3:00: Zingo! 
23 National Taffy Day 10:00: Kaiya The Therapy Dog! 11:00: Coffee & Word Puzzles 1:00: Bingo! 2:00: Local Taffy Tasting 3:00: Game Shows 	24 10:00: Coffee & Word Puzzles 11:00: Sewing 101 1:00: Surprise Activity with Sam! 2:00: Outdoor Garden Group 3:00: Card Club	25 National Wine Day 10:00: Coffee & Word Puzzles 11:00: Wine Trivia 1:00: Bible Study! 2:00: Wine & Cheese tasting 3:00: Creative Coloring 	26 Outing: Cherry Blossom Tour! 10:00: Coffee & Word Puzzles 10:00: Yoga with Chris! 1:00: Bingo! 2:00: Outdoor Walking Group 3:00: Zingo! 	27 10:00: Coffee & Word Puzzles 11:00: Red, White, & Blue Jewelry Making 1:00: Yard Games 2:00: Popsicles on the Patio 3:00: Outdoor Walking Group
30 Memorial Day PACE DAY CENTER CLOSED 	31 10:00: Coffee & Word Puzzles 11:00: Puffy Paint Art 1:00: Surprise Activity with Sam! 2:00: Outdoor Garden Group 3:00: Card Club	<u>Always Available Activities:</u> <ul style="list-style-type: none"> • PACE Library • Art Cart • Game Cart • Bored Board • TV & Movies • Puzzle Table • Painting Table • Computers • GrandPad 	<u>Weekly Special Guests:</u> Kaiya the Therapy Dog– Every other Monday 5/9 & 5/23 @ 10am Men’s Group with Cliff– Wednesdays 1-3pm Bible Study with Jim– Wednesdays @ 1pm Yoga with Chris– Thursdays @ 10:30am	<div style="border: 2px dashed black; border-radius: 50%; padding: 20px; text-align: center;"> <p>For Activity Questions Please Call Maria (231) 252– 3812</p> </div>

MAY 2022 Food Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Enchilada	3 Goulash	4 Fish Sticks & Fries	5 Meatloaf	6 Baked Spaghetti
9 Chicken Pot Pie	10 Soft Tacos	11 Goulash	12 Chicken Thighs with Mushroom Sauce	13 Chicken Fried Rice
16 Chicken Fingers & Fries	17 Shepard's Pie	18 Meatloaf	19 Baked Ziti	20 Soup, Salad, & Sandwiches
23 Chicken Pot Pie	24 Beef Enchilada	25 Roast Beef Sliders, Onion Soup	26 Breakfast	27 Hot Dog or Hamburger
30 PACE CENTER CLOSED MEMORIAL DAY	31 Cheese Ravioli			<i>* Daily meal items are subject to change *</i>

PACE North May 2022 News

PACE North

2325 Garfield Rd N
Traverse City, MI, 49686
(231) 252-2767

Don't Forget to Call PACE first if you have any medical issues or questions. Medical staff is always available by phone at: (231) 252-2767. We can help and want to ensure your safety.

Welcome to PACE!

Mary R.
Richel B.
Susan H.
Donna G.
David E.
Edna R.
Gary M.
Bill F.

**Protect Yourself & Others!
Wear a Mask When Out and About and Keep 6ft Social Distance!**

HAPPY BIRTHDAY!

Tammy H. 5/05
Pie O. 5/05
Thomas B. 5/07
Barb Y. 5/08
Nancy B. 5/12
Brenda W. 5/12
Mary A. 5/13
Rosemary R. 5/15
Linda S. 5/18
Judy H. 5/27
Pat H. 5/30



Special Events:

Special Guests:

Chocolate Tasting with The Chocolate Lady! Thursday, 5/12 @ 1:30pm

Sing-A-Long with Miriam Pico! Wednesday, 5/25 @ 1:30pm

Outing:

Shopping @ Walmart! Tuesday, 5/10 @ 12:30pm

Cherry Blossom Lighthouse Tour! Thursday, 5/24 @ 11:30am

**We offer salon services weekly on Wednesday and Thursday. Call PACE to set up an appointment!
231-252-2767**