

MAY 2026 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>•</p>	<p style="text-align: center;"><b>For Activity Questions Please Call Maria @ (231) 463-2335</b></p>			<p><b>1 National Chocolate Parfait Day</b> 9:30: Calendar Review &amp; Monthly Gazette 10:30: Bingo <b>Lunch: Chicken Cordon Bleu</b> 12:30: Exercise Class with Jillian 1:00: Cooking Class: Chocolate Parfaits! 2:00: Seated Zumba</p>
<p><b>4 National Fitness Day</b> 9:30: Breathe &amp; Stretch 10:30: Bingo <b>Lunch: Chicken Noodle Soup &amp; Half Ham Wrap</b> 12:30 Lets Get Moving w. Jillian 1:00: Armchair Travel: Mexico! 2:00: Star Wars Trivia– May the 4th be with you</p>	<p><b>5 Cinco De Mayo!</b> 9:30: Cinco De Mayo Facts &amp; Trivia 10:30: Bingo <b>Lunch: Tacos</b> 12:30: Let’s Get Moving w. Jillian 1:00: Cinco De Mayo Party! 2:00: Seated Zumba!</p> 	<p><b>6</b> 9:30: Word Search Races 10:30: Bingo <b>Lunch: Breakfast</b> 12:30: Let’s Get Moving w. Jillian 1:00: Craft: Wreath Decorating 2:00: Family Feud</p>	<p><b>7 National Space Day</b> 9:30: Craft: Paper Planet Garland 10:30: Bingo <b>Lunch: Spaghetti</b> 12:30: Let’s Get Moving w. Jillian 1:00: <b>Birthday Celebration!</b> 2:00: Space Trivia</p> 	<p><b>8 Mother’s Day Celebration</b> 9:30: Manicures &amp; Hand Spa 10:30: Bingo <b>Lunch: Cheeseburger</b> 12:30: Let’s Get Moving w. Jillian 1:00: Mother’s Day Social: Tea Party! 2:00: Mothers Day Photo Shoot</p>
<p><b>11 Optometry Mobile Clinic</b> 9:30: Balloon Ball 10:30: Bingo <b>Lunch: Beef Tips &amp; Gravy</b> 12:30: Let’s Get Moving w. Jillian 1:00: Movie &amp; Popcorn</p> 	<p><b>12 Optometry Mobile Clinic</b> 9:30: Musical Ball 10:30: Bingo <b>Lunch: Sloppy Joe</b> 12:30: Let’s Get Moving with Jillian 1:00: Karaoke 2:00: Wheel of Fortune</p>	<p><b>13 National Apple Pie Day!</b> 9:30: Cooking Class: Crock Pot Apple Pie! 10:30: Bingo <b>Lunch: Chicken Strips</b> 12:30: Let’s Get Moving w. Jillian! 1:00: Balloon Badminton Tourney 2:00: Apple slice taste test</p>	<p><b>14</b> 9:30: Word Search Races 10:30: Bingo! <b>Lunch: Meatball Stroganoff</b> 12:30: Let’s Get Moving w. Jillian 1:00: Craft: Cherry Blossom Paintings 2:00: Game Groups</p> 	<p><b>15</b> 9:30: Breathe &amp; Stretch 10:30: Bingo! <b>Lunch: Ricotta Stuffed Shells</b> 12:30: Let’s Get Moving w. Jillian 1:00: <b>Special Guest: Grand Traverse Fire Dept!</b> 2:00: Garden Group: Garden Bed Clean Out!</p>
<p><b>18 Dental Mobile Clinic</b> 9:30: Breathe &amp; Stretch 10:30: Bingo <b>Lunch: Sweet-N-Sour Chicken Stir Fry</b> 12:30: Let’s Get Moving w. Jillian 1:30: <b>Special Guest: Miriam Pico!</b> 2:00: Hang Man</p>	<p><b>19 World Bee Day &amp; Dental Mobile Clinic</b> 9:30: Spelling BEE! 10:30: Bingo! <b>Lunch: Breakfast</b> 12:30: Let’s Get Moving w. Jillian 1:00: <b>Special Guest: Grand Traverse Fire Dept!</b> 2:00: Seated Zumba!</p>	<p><b>20 National Juice Day!</b> 9:30: Manicures 10:30: Bingo! <b>Lunch: Meatloaf</b> 12:30: Let’s Get Moving w. Jillian 1:00: Craft: Rock Painting 2:00: Juice Tasting</p>	<p><b>21</b> 9:30: Yoga Class 10:30: Bingo! <b>Lunch: BBQ Pulled Chicken Sandwich</b> 12:30: Let’s Get Moving w. Jillian 1:00: Karaoke 2:00: Garden Group: Garden Bed Clean Out!</p>	<p><b>22 National Solitaire Day!</b> 10:00: Craft: PACE North Playing Cards! 10:30: Bingo! <b>Lunch: Wet Burrito</b> 12:30: Let’s Get Moving w. Jillian 1:00: <b>Birthday Celebration!</b> 2:00: Game Groups: Solitaire!</p> 
<p><b>25 Memorial Day</b> <b>PACE DAY CENTER CLOSED</b></p> 	<p><b>26 Memorial Day Celebration</b> 9:30: Craft: Poppy Flowers or Cards 10:30: Bingo! <b>Lunch: Country Fried Steak</b> 12:30: Let’s Get Moving w. Jillian 1:00: Memorial Day Celebration</p>	<p><b>27 National Scavenger Hunt Day!</b> 9:30: Bucket Ball! 10:30: Bingo! <b>Lunch: Chicken Fajita Bowl</b> 12:30: Let’s Get Moving w. Jillian 1:00: Scavenger Hunt!</p>	<p><b>28</b> 9:30: Breathe &amp; Stretch 10:30: Bingo! <b>Lunch: Meatloaf</b> 12:30: Let’s Get Moving w. Jillian 1:00: Movie &amp; Popcorn</p> 	<p><b>29 Audiology Mobile Clinic</b> 9:30: Manicures 10:30: Bingo! <b>Lunch: Scalloped Potatoes w. Ham</b> 12:30: Let’s Get Moving w. Jillian 1:00: Craft: Your Choice!</p>

# PACE North May 2026 Calendar

Name: \_\_\_\_\_ Date: \_\_\_\_\_

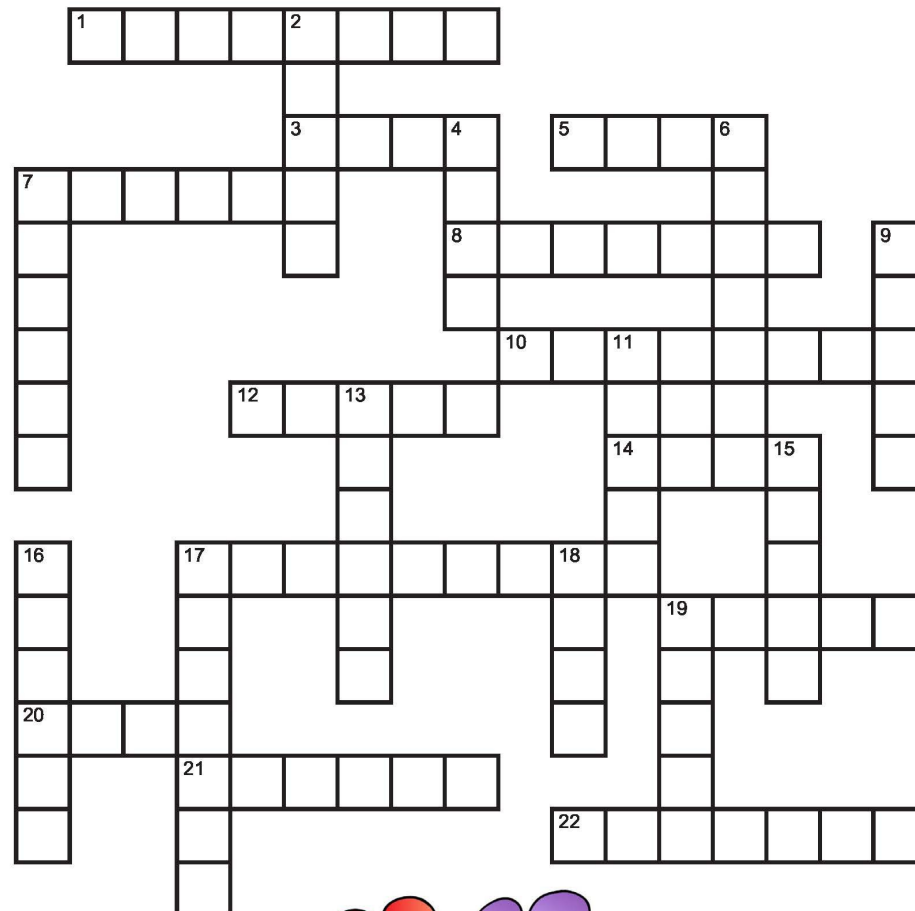
## Spring is Here!

### Across

1. It warms and brightens everything.
3. Warm up from a freeze.
5. They make honey.
7. Meal in the park.
8. Colorful arc in the sky.
10. It keeps the rain off you.
12. The color of spring grass.
14. Where a bird lives.
17. An adult caterpillar.
19. A baby chicken.
20. What chicks hatch from.
21. It comes after winter.
22. Red insect with black spots.

### Down

2. Come out of an egg.
4. Wiggly creature that lives in the ground.
6. Short rainfalls.
7. Small pool of rain.
9. What the lawn is made of.
11. Another name for a rabbit.
13. A spring holiday.
15. Holland is famous for this flower.
16. Just a little wind.
17. Flower on a tree.
18. It is green and on a plant.
19. It might hide the sun.



Word Bank: Bees, Blossom, Breeze, Bunny, Butterfly, Chick, Cloud, Easter, Eggs, Grass, Green, Hatch, Ladybug, Leaf, Nest, Picnic, Puddle, Rainbow, Showers, Spring, Sunshine, Thaw, Tulip, Umbrella, Worm

### PACE North

2325 Garfield Rd N  
Traverse City, MI, 49686  
(231) 252-2767



Please call PACE North first if you have any medical issues or questions. We have medical staff on-call 24 hours a day, 7 days a week by phone at: **(231) 252-2767**. We can help and want to ensure your safety.



### Things to Know:

#### Special Events:

- ◆ Cinco De Mayo Party! 5/5
- ◆ Outing to see Cherry Blossoms! - Stay Tuned for Dates!

#### Special Guests:

- ◆ Grand Traverse Fire Department! 5/19 @ 1pm
- ◆ Miriam Pico! 5/18 @ 1:30

Katherine W. 5/3	Janis W. 5/15
Brian L. 5/3	Sandra R. 5/17
Rosa L. 5/3	Cresence F. 5/18
Ronald S. 5/3	Matthew G. 5/19
Pierre O. 5/5	Thomas K. 5/20
Joseph S. 5/6	Brenda K. 5/24
Thomas B. 5/7	Peter O. 5/24
David D. 5/7	Judy H. 5/27
Alvin B. 5/9	Jeffrey N. 5/27
David E. 5/9	Jodi M. 5/29
Rosellen V. 5/10	Patricia H. 5/30

We offer salon services weekly on Wednesday and Thursday. Contact your Social Worker to set up an appointment!  
231-252-2767