

OCTOBER 2026

Weekly Offerings:

Tuesday: Men's Group @ 1pm
Wednesday: Women's Group & Bible Study @ 1pm
Thursday: Bible Study @ 1pm
October 14: Pickles the Therapy Dog

For Activity Questions Please Call
Maria @ (231) 462-2335



1. National Pumpkin Spice Day
9:30: Calendar Review & Monthly Gazette
10:00: Taste Test Pumpkin Spice Lattes
Lunch: **Chicken Cordon Bleu**
12:30: Let's Get Moving w. Jillian
1:00: Craft: Spider Web Decorations
2:00 Trivia



2. Plaidurday- Wear Plaid!
9:30: Wordsearch Races
10:00: BINGO
Lunch: **Chili**
12:30 Let's Get Moving w. Jillian
1:00: Coloring: Halloween Skeleton Decor & Tissue Paper Pumpkins
2:00: Keep up balloon

5. National Get Funky Day

9:30: Fun & Funky Music & Movement
10:00: Craft: Glitter Spider Webs
Lunch: **Salisbury Steak**
12:30: Let's Get Moving w. Jillian
1:00: Nerf Gun Ghost Hunting
2:30: HedBanz/Games

6. National Noodle Day

9:30: Balloon Noodle Ball
10:00: BINGO
Lunch: **Tacos**
12:30: Let's Get Moving w. Jillian
1:00: Birthday Celebration! + Ghost Lamps
2:30: Hangman



7. Wear Purple Day!

9:30: Coffee, Donuts, and Conversation
10:00: Ghost Crafts
Lunch: **Chicken Fajitas**
12:30: Let's Get Moving w. Jillian or Brain Games
1:00: BINGO
2:30: Poetry for Neanderthals Game

8.

9:30: Word Search Races
11:00: BINGO
Lunch: **Scalloped Potatoes w. Ham**
12:30: Let's Get Moving w. Jillian
1:00: Craft: Halloween Stained Glass
2:30: Ghost Bowling

9 Dental Clinic & Wear Purple Day!

9:30 Manicures & Hydration
10:00: BINGO
Lunch: **Sloppy Joe**
12:30: Let's Get Moving w. Jillian or Brain Games
1:00: Halloween Movie & Popcorn!



12.

9:30: Noodle Ball
10:00 BINGO
Lunch: **Cheeseburger**
12:30: Let's Get Moving w. Jillian
1:00: Birthday Celebration! + Spider Craft
2:00 Poetry For Neanderthals



13.National M&M Day

9:30: Mathlete Races
10:00: Craft: Make Fall Wreaths
Lunch: **Chicken Strips**
12:30: Let's Get Moving w. Jillian
1:00 BINGO
2:00: Pumpkin Golf + M&M Game

14.National Be Bald & Free Day

9:30: Manicures & Hydration
10:00 Visit from Pickles the therapy dog!
Lunch: **Meatloaf**
12:30: Let's Get Moving w. Jillian
1:00: Craft: Halloween Stained Glass
2:00: Trivia

15. National I Love Lucy Day

9:30: I Love Lucy Trivia
10:00: BINGO
Lunch: **Breakfast**
12:30: Let's Get Moving w. Jillian
1:00: Special Guest- Avoiding Scams
2:00: I love Lucy Re-Runs

16.National Cat Day

9:30: Kitten Mitten Balloon Ball
10:00: BINGO
Lunch: **Chicken & Dumplings**
12:30: Let's Get Moving w. Jillian
1:00: Craft: Egg Carton Ghost Portraits
2:00: Never Have I Ever

19. National New Friends Day

9:30 Word Search Races
10:00: Conversation BINGO
Lunch: **Beef Tips**
12:30: Let's Get Moving w. Jillian
1:00: Craft: Egg Carton Ghost Portraits
2:00: Donuts & Cider, Banner Coloring

20. Color Tour Outing!

9:30 Manicures & Hydration
10:00 BINGO
Lunch: **Chicken Pot Pie**
12:30: Let's Get Moving w. Jillian
1:00: Nerf Gun Ghost Hunting
2:00: Hangman

21. National Apple Day

9:30 Apple Fact or Fiction & Cider
10:00: Cooking Class: Applesauce!
Lunch: **Cod Nuggets**
12:30: Let's Get Moving w. Jillian
1:00: Craft: Halloween Stained Glass
2:30: Wii Bowling



22. National Color Day- Wear Something Colorful!

9:30: Coloring: Big Pumpkins
10:00: BINGO
Lunch: **Lasagna**
12:30: Let's Get Moving w. Jillian
1:00: Tutorial: PACENorth Website
2:00: HedBanz

23.

9:30: Volleyball Circle
10:00 BINGO
Lunch: **Wet Burrito**
12:30: Let's Get Moving w. Jillian
1:00: Nerf Gun Ghost Hunting
2:00: Trivia

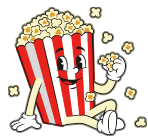
26. National Pumpkin Day



9:30: Pumpkin Parachute
10:00: Pumpkin Painting
Lunch: **Spaghetti**
12:30: Let's Get Moving w. Jillian & Pumpkin Contest Voting
1:00: BINGO
2:00: It's the Great Pumkin, Charlie Brown

27. Disney Day

9:30: Halloween Hangman
10:00: BINGO
Lunch: **Beef Stew & Biscuits**
12:30: Let's Get Moving w. Jillian
1:00: Halloween Movie & Popcorn



SPIRIT WEEK

28. Witches & Wizards

9:30: Craft: Pipe Cleaner Spiders
10:00 BINGO
Lunch: **Breakfast**
12:30: Let's Get Moving w. Jillian
1:00: Nerf Gun Ghost Hunting
2:00: Halloween Games

29.Decades Day

9:30: Manicures and Hydration
10:00: BINGO
Lunch: **Chicken Noodle Soup**
12:30: Let's Get Moving w. Jillian
1:00: Craft: Making Slime
2:00: Keep Up the Balloon or HedBanz

30.HALLOWEEN PARTY!

9:30: Coffee & Donuts
10:00: BINGO
Lunch: **Beef Stroganoff**
12:30: Let's Get Moving w. Jillian or Halloween Trivia
1:00: Costume Fashion Show!
2:00: Nerf Gun Ghost Hunting or Games



The schedule for activities is tentative and may be adjusted.



Name: _____

Halloween Word Search



S	D	R	A	C	U	L	A	T	S	I	Z	O	G	H	V	E	S	T	Z
O	K	F	B	W	Q	D	A	I	N	M	A	S	K	G	R	A	V	E	O
C	U	E	X	H	T	B	J	V	I	B	C	W	I	C	K	E	D	M	M
T	D	R	L	F	S	O	G	I	E	O	O	E	Y	L	O	K	O	P	B
O	R	E	J	E	S	C	P	F	T	Z	S	W	A	M	Y	N	U	P	I
B	O	D	M	R	T	J	Y	G	S	H	T	E	Z	Z	S	M	K	V	E
E	R	I	I	N	V	O	U	O	N	Z	U	I	H	T	P	Y	I	G	A
R	R	P	J	A	O	Y	N	B	E	M	M	Y	E	K	K	Q	G	R	J
N	O	S	X	T	F	O	J	L	K	K	E	R	I	S	V	F	Y	A	K
Y	H	H	J	A	J	E	M	I	N	C	N	N	W	S	F	T	N	V	H
D	N	B	U	E	V	O	V	N	A	A	S	Q	K	L	A	S	T	E	O
N	I	E	R	R	F	A	K	T	R	L	Q	C	O	S	A	T	H	Y	W
A	F	M	E	T	M	A	M	C	F	B	S	W	E	N	O	B	G	A	I
C	Y	T	M	W	X	T	S	P	P	G	E	K	T	N	D	H	I	R	T
C	Y	T	S	R	O	V	Y	Y	I	R	H	Q	O	S	E	Q	N	D	C
Q	C	N	R	C	Y	L	L	K	E	R	M	O	C	N	T	W	G	Y	H
P	K	I	F	A	R	S	L	W	O	W	E	A	S	Z	N	N	O	P	K
X	I	A	I	N	P	E	U	A	E	O	R	I	R	T	U	M	O	N	X
Z	R	K	C	I	R	T	A	Q	H	E	P	V	Z	R	A	V	B	O	R
X	T	M	F	D	U	Y	T	M	E	M	X	S	V	P	H	Z	C	O	M

Word list:

BAT	DRACULA	HAUNTED	PARTY	SPOOKY
BLACK	FRANKENSTEIN	HORROR	PUMPKINS	TREAT
BONE	GHOST	MASK	TRICK	VAMPIRE
BOO	GOBLIN	MONSTER	SCARE	WEREWOLF
CANDY	GRAVE	MOON	SCREAM	WICKED
CAT	GRAVEYARD	NIGHT	SKELETON	WITCH
COSTUME	HALLOWEEN	OCTOBER	SPIDER	ZOMBIE



PACENorth

2325 Garfield Rd N
Traverse City, MI, 49686
(231) 252-2767

SPECIAL EVENTS

Spirit Week 26-30:

Monday- Dress Like a Pumpkin Day
Tuesday- Disney Day
Wednesday- Witches & Wizards
Thursday- Decades Day
Friday- Halloween Costumes

Special Guest:

Avoiding Scams w. NWCF Credit Union

Outings:

Pahls Pumpkin Patch- 10/21
Color Tour- Stay tuned for the Date!

STAFF PUMPKIN CARVING CONTEST 10/26

SAVE THE DATE:

Walk to End Alzheimers

Saturday, October 10th

To support the PACE team, we will be having purple days, as well as selling paper flowers for \$1 to go toward the cause! Goal is to raise \$2000 to End Alzheimers!

Happy Birthday

David H	10/02
Pam S	10/04
Sandra W	10/06
Sandra R	10/08
Marcia D	10/10
Lola K	10/12
Karon M	10/12
Theodore S	10/13
Lisa W	10/15
Jeanne C	10/16
Leesa S	10/17
Pam K	10/24
Mark T	10/24
David W	10/24
Timothy W	10/24
Lynda J	10/26
Karen L	10/26
Robin B	10/28
Susan C	10/28
Laura F	10/28
Bob K	10/28
Leslie B	10/29
Barb D	10/30