



Through our holistic and coordinated healthcare services, provided with dignity and compassion, we enhance the quality of life and independence of aging adults.



To be the recognized leader for innovative, community-based long-term care and support services.



QUALITY
SAFETY
COMPASSION
INTEGRITY
COLLABORATION
COMMUNITY

Shortly after opening its doors in September 2019, PACE North responded effectively to the COVID-19 pandemic just as it began disrupting the world. The events of the last two years could have easily derailed our team or detracted from the vision of bringing this unique model of care to our region. Instead, our team showed its resolve despite the challenges of a new program, never wavering in its commitment to serve our participants while keeping them safe. As the psychoanalyst Viktor Frankl stated, "Everything can be taken from a man but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way." Our team's attitude at the onset of the COVID-19 pandemic allowed many participants the option of staying within their homes and the community at large while still receiving care.

The images and statistics included in this report highlight the positive impact our dedicated staff have had on the community over the last two years. Research conducted by AARP highlighted that 80 percent of adults prefer a home setting over a nursing home or other institutional setting. PACE North brings this option within reach. The PACE model offers independence, access to family and friends, socialization, and the comforts of home. PACE North delivers on the promise of the PACE model A recent survey of our participants by Vital Research revealed a 91% overall satisfaction rate, with family caregivers reporting a 35% decrease in caregiver burden after their loved one enrolled as a PACE North participant. PACE North enrolled 57 new participants between February 2020 and January 2021, ending 2021 with 121 participants. This is not only a testament to the need in our area but also to the dedication of our staff, volunteers, and supporters. These great results are just the beginning.

Our team recognizes that there is no finish line – there are only mile markers. We are incredibly proud of the work we have done, but we acknowledge other challenges on the horizon as we work to broaden our impact on the lives of Northern Michigan seniors.

We hope you share our excitement as you read about our milestones and our future goals. We're eager to bring compassionate care to those who count on us—particularly in these life-changing times. All of us at PACE North are deeply grateful for your support. We hope you continue to be a part of our crucial work in 2022 and beyond.



Greg Kish
BOARD
PRESIDENT



Mary
John-Williams
EXECUTIVE
DIRECTOR

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PACE North

2021 BOARD
OF DIRECTORS

**PRESIDENT** 

**Gregory Kish** 

**VICE PRESIDENT** 

Elizabeth (Betsy) Aderholdt

**TREASURER** 

Robert Schlueter

**BOARD MEMBERS** 

Rose Coleman Korvyn Hansen Marie Hooper

Linda Root

James Whelan, MD

**EX OFFICIO** 

Mary John-Williams

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### **ABOUT US**

#### PACE (Program of All-Inclusive Care for the Elderly)

provides coordinated care for nursing-home eligible older adults so that they are supported in living safe and healthy lives in their own homes. PACE is centered on the belief that it is better for the well-being of seniors with chronic care needs and their families to be together – living at home. PACE North supports northern Michigan seniors to remain independent in their own homes and communities.

# What do you like best about the PACE program?

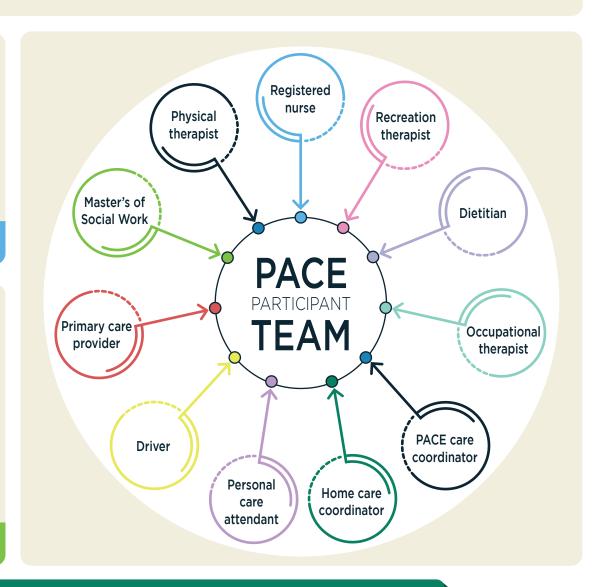
"The people, staff and participants. We are one big happy family."

#### **PARTICIPANT**

# What do you like best about the PACE program?

"They have given my mom more freedom. While they take care of her, I am better able able to care for myself."

**CAREGIVER** 



#### **SERVICE AREA**



BENZIE
GRAND TRAVERSE
KALKASKA
LEELANAU
NORTHEAST MANISTEE
SOUTHEAST ANTRIM
WEXFORD COUNTIES

#### **PARTICIPANT**

What do you like best about the PACE program?

"My goal was to be able to walk again and my therapist did that."

#### **PARTICIPANT**

What do you like best about the PACE program?

"What I like best is that they provide everything that I need. And I enjoy spending time with my friends and making new friends."

#### **CAREGIVER**

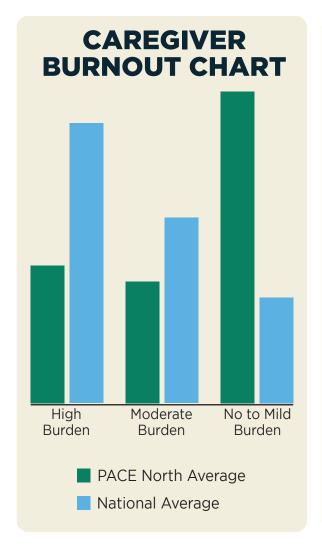
How has PACE helped you?

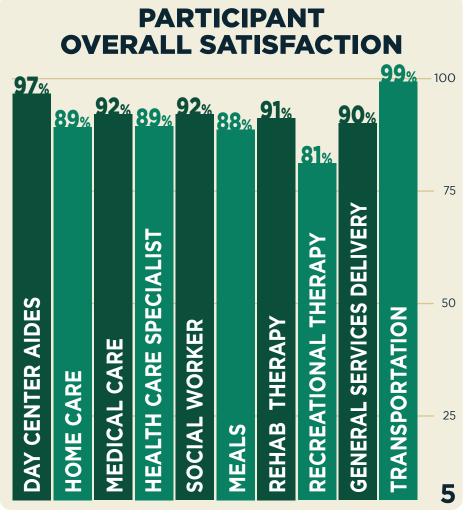
"They help me understand home care, and medical issues. They provide all of the 'products and medicatons' she needs."

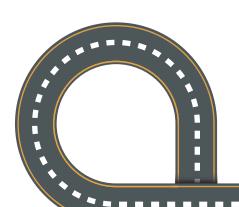
#### **SURVEY SAYS**

#### **PARTICIPANT & CAREGIVER SURVEY RESULTS**

PACE North's first Participant and Caregiver survey took place from September through November 2021 and was conducted by a third party provider. The Integrated Satisfaction Measurement (I-SAT) Caregiver/Family survey was developed by Vital Research in partnership with the California PACE Association (CalPACE.) All Caregivers and a random sampling of Participants were interviewed and/or mailed a survey to complete. Highlights and comments from the survey are shown here:







328,407

Miles driven by drivers





## **DEC 2021 - FIRST ALL STAFF TOWN HALL**



15,514

PACE Clinic Appointments



45,133

Home Care Hours Provided



18,034

Home Delivered Meals 155

Total Participants Served

100%

Staff Fully Vaccinated

### **REVENUE SOURCES**



**MEDICARE** 



**MEDICAID** 



**PRIVATE PAY** 



**OTHER** 

WE'RE GROWING 2021

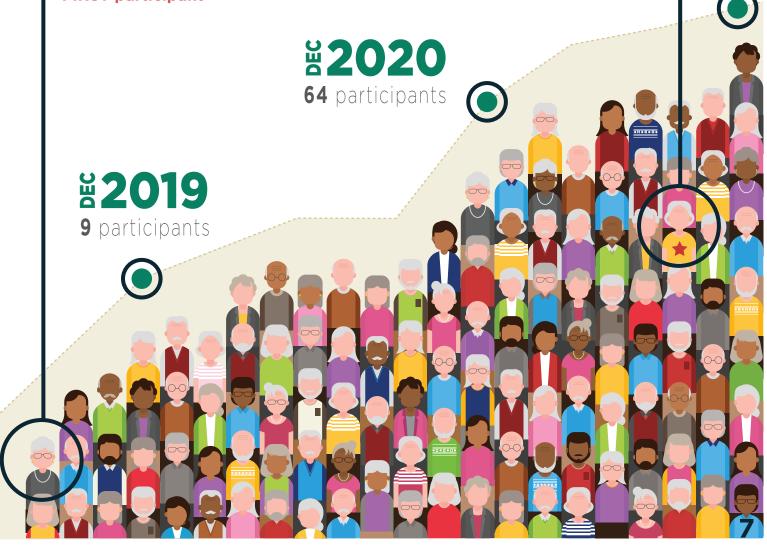
### **AUGUST 1**

Enrolled our 100<sup>TH</sup> participant Evelyn H.

2019

# OCTOBER 1

PACE North welcomed our FIRST participant ¥2021
121 participants



#### **RIBBON CUTTING 2019**



#### PICTURED FROM LEFT TO RIGHT:

Kelly Lively

Senator Gary Peters NM Regional Coordinator

**Marv Marois** 

PACE North Board President 2019-2021

Agnes Hayden

Honorary PACE Campaign Co-Chair

**Sherrie Moseler** 

PACE North Executive Director 2019-2021

Korv Hansen

**Grand Traverse Pavilions** 

Administrator/CEO 2008-2021

Clara McManus

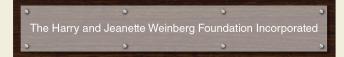
Honorary PACE Campaign Co-Chair

Deborah Allen

Grand Traverse Pavilions CDO

#### **TOTAL CONTRIBUTIONS**

56,000,0





#### PACE North - Where it all began...

Over a decade ago, the seed was planted to bring a PACE (Program of All-Inclusive Care for the Elderly) program to northern Michigan. Kory Hansen, former CEO for the Grand Traverse Pavilions, at the time, saw the need to expand senior services in the region. After identifying the greater Grand Traverse Region as the fastest growing region for older adults, it was clear to Kory and his leadership team at the Pavilions that there was an increasing need for innovative, long-term care services in the area. Discussions started with the Pavilions leadership team and eventually came to the Pavilions Foundation Board to initiate a Capital Campaign to raise funds to bring PACE North to reality. Our Board embraced the concept and saw the program as a natural complement to the "continuum" of care" provided at the Pavilions.

On Friday, September 20, 2019, PACE North held a ribbon cutting ceremony to celebrate the renovated facility at 2325 Garfield Road North, Traverse City, Michigan. In October, we were approved by the State of Michigan to serve adults 55 and older in a seven-county region, including Antrim, Benzie, Grand Traverse, Kalkaska, Leelanau, Manistee, and Wexford counties. PACE North joined 13 other PACE programs in the State of Michigan supporting older adults to live safely and independently at home and in the community, avoiding institutional care for as long as possible.

Today, PACE North is fast approaching its first goal of serving 140 participants. Discussions for future growth are well underway. The need is great and the support is vast. Seniors in the seven-county region can count on there being a PACE program near them to meet their needs as the organization scales. As President of the Pavilions Foundation Board, I am so proud of this community. Together, we saw the need, we identified a solution, we met the challenge, and now PACE North is well on it's way to serving hundreds of older adults in need. I can't wait to see what the future holds.

> Dennis Prout PRESIDENT OF **PAVILIONS FOUNDATION BOARD**



#### PACE NORTH IS A NON-PROFIT 501C3 ORGANIZATION

All donations are tax-exempt and may be directed to specific services or directed toward general purpose to benefit our Participants.

# 100% OF CONTRIBUTIONS

are used to directly impact our Participants.



#### **HOLIDAY BAGS**

# OF CHEER

delivered to Participants at home. Thank you Glenwood Senior Services



#### **CHERRYLAND CARES FUND**

\$3500

for Freedom Traxx

# PARTICIPANT PURPOSE FUND

100%

of donated funds support Participant's unmet needs.

## **WAYS TO GIVE**



Financial gifts
accepted through
Facebook
@pacenorth
Follow, Share & Like
us to help spread
the good news.



Use this QR code to visit our website pacenorth.org/donate



Mail a check payable to **PACENorth** to 2325 Garfield Road N. Traverse City, MI 49686



Shop Amazon?
Sign up for
AmazonSmile
(smile.amazon.com),
search PACE North
& .5% of every
purchase will be
donated to us.

# THANK YOU

#### TO OUR STAFF!

So often a story is shared demonstrating how our team has gone above and beyond to improve the quality of life for our participants. It is because of each of YOU that PACE North is making such a measurable impact on the lives of our older adult community.

– Mary John-Williams, Executive Director



104TH DISTRICT STATE CAPITOL P.O. BOX 30014 LANSING, MI 48909-7514

#### MICHIGAN HOUSE OF REPRESENTATIVES

JOHN R. ROTH
STATE REPRESENTATIVE

PHONE: (517) 373-1766 FAX: (517) 373-9420 JohnRoth@house.mi.gov www.RepRoth.com

January 31, 2022

**PACE North** 

Attn: Mary John-Williams, Executive Director

2325 Garfield Road N Traverse City, MI 49686

Dear Mary,

It has been a privilege to work with PACE North and to have such a wonderful program in my district that offers support and value to older adults in Northern Michigan. During my visit to the program, it was evident that the seniors who attend the program were not only cared for but cared about. The staff go above and beyond to make sure that everyone not only is well cared for, but also that everyone feels welcome. There were lots of smiles and a general sense of belonging.

The innovative, model of care that PACE offers are what Michigan needs more of, to meet the increasing needs of our aging community. The impact a PACE program has on one's life is felt not only with the participant, but with their families, caregivers, and loved ones. Knowing that when enrolled in PACE, one can expect to remain living at home, engaged in their community and an active member of their circle of friends and family, brings a sense of peace and comfort to everyone involved.

With the challenges faced by seniors during the pandemic, the value of programs like PACE North, became even more clear. I salute the staff, leaders, and Board members, who have made PACE North a valuable resource to older adults in northern Michigan. I look forward to continuing to support your efforts, making older lives, better lives.

Sincerely,

John Roth, State Representative

104<sup>th</sup> House District





# **PACE North** & THE FUTURE

With most of the counties in our service area having over 25% of their population over the age of 65 – we have a lot of work to do. With your support we are positioning ourselves to meet the increasing demand for our services. We look forward to you joining us as we develop:

Strategic Planning for growth

Increased capacity to serve more seniors

Increased community partners

Increased access to PACE services

Advocating to Legislators

# PACE North Program of All-Inclusive Care for the Elderly

WE'RE GROWING

**2325 Garfield Road N Traverse City, MI 49686** 231-252-2767; Toll Free 833-410-2086; TDD/TYY 833-410-2082. Email: info@pacenorth.org



Facebook.com/Pacenorth



pacenorth.org



Check us out on our YouTube channel for a virtual tour of our Center and a story about Lisa, her aging Mom and how PACE helped.