

SEPTEMBER 2021 ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
Activities Available at All Times: • PACE Library • Art Cart • Game Cart • Bored Board • TV & Movies	For Activity Questions Please Call Maria (231) 252- 3812	1 11:00 Bowling 1:00 Group Art Project 2:00 Bingo! 3:00 Trivia 4:00 Puzzle Party	2 11:00 Yoga 1:00 Movie & Popcorn! 3:00 Euchre Tournament 4:00 I Love Lucy	3 11:00 Bingo! 1:00 Get Fit with Therapy! 2:00 Karaoke 3:00 Wii Sports 4:00 Garden Group
6 PACE CENTER CLOSED 	7 11:00 Artist Impressions 1:00 Bible Study 2:00 Get Fit With Therapy 3:00 Trivia 4:00 Garden Group	8 11:00 Balloon Badminton 1:00 Bingo! 2:00 Homemade Bird Feeders 3:00 Pamper @ PACE: Manicures 4:00 Euchre	9 NTL. School Picture Day 11:00 Yoga 1:00 Head Shots! 2:00 Karaoke 3:00 Self Portraits 4:00 Crochet Class w. Amanda	10 11:00 Bingo! 1:00 Get Fit with Therapy! 2:00 Twister Toss 3:00 Brain Games 4:00 Garden Group
13 PACE SPIRIT WEEK—TIE DYE DAY 11:00 Breathe & Stretch 1:00 Tie Dye! 2:00 Wii Sports 3:00 Garden Group 4:00 Euchre Torment	14 HAT DAY 11:00 DIY hats 1:00 Bible Study 2:00 Get Fit with Therapy 3:00 Trivia 4:00 Crochet Class w. Amanda	15 RED, WHITE, & BLUE DAY 11:00 Bingo 1:00 Patriotic Bracelets 2:00 Balloon Badminton Tourney 3:00 Popsicles on the Patio 4:00 Game Shows	16 ICE CREAM SOCIAL 11:00 Yoga 1:00 Bingo! 2:00 Ice Cream Sundae Social 3:00 Parachute Exercise 4:00 Family Feud	17 COUNTRY HOEDOWN 11:00 football trivia & word search 1:00 Get Fit with Therapy! 2:00 Hoedown Party! 4:00 Garden Group
20 World Gratitude Day 11:00 Breathe & Stretch 1:00 Corn-hole 2:00 Gratitude Day Tree 3:00 Things I am Grateful For 4:00 Garden Group	21 11:00 Brain Games 1:00 Bible Study 2:00 Craft: Stain Glass Jars 3:00 Wii Sports 4:00 Blank Slate Word Game	22 Last Day of Summer 11:00 Balloon Badminton Tourney 1:00 Bingo! 2:00 Water Balloon Fight! 3:00 Spelling Bee! 4:00 Garden Group	23 First Day of Autumn 11:00 Yoga 1:00 Autumn Craft 2:00 Donuts & Cider 3:00 Orchard Trivia 4:00 Guess What's in The Bag	24 Tailgate Party— Wear Your Team Shirt! 11:00 Bingo 1:00 Get Fit with Therapy! 2:00 Tailgate Party 3:00 Football Facts & Trivia 4:00 Garden Group
27 11:00 Breathe & Stretch 1:00 Bingo! 2:00 Trivia 3:00 Educational: DNR Lessons 4:00 Garden Group	28 11:00 Show & Share 1:00 Bible Study 2:00 Get Fit with Therapy 3:00 Card Club 4:00 Hangman	29 11:00 Guess The Celebrity 1:00 Bingo! 2:00 Corn Husking Relay 3:00 Photography Club 4:00 Crochet Class w. Amanda	30 11:00 Yoga 1:00 Karaoke 2:00 Canvas Painting: Fall Trees 3:00 Pamper @ PACE: Manicures 4:00 Cooking Class: Air Fryer 101	*Activities and Times are subject to change * *Independent/Your Choice Leisure Daily from 8:00am-10:00am*

September 2021 Dining Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Beef Stroganoff	2 Chicken Breast, Mashed Potatoes, Zucchini	3 Pizza Casserole
6 PACE CENTER CLOSED	7 Chicken Cordon Bleu Casserole	8 Meatloaf	9 Chicken Fried Rice	10 Goulash
13 Asian Beef & Peppers	14 Spaghetti Casserole	15 Mac-n-Cheese	16 Caesar Salad	17 BBQ Pulled Pork Sandwich
20 Goulash	21 2 Tacos, Chips & Cheese	22 Swedish Meatballs	23 Taco Salad	24 Hot Dogs or Cheese Burgers
27 Beef Enchiladas	28 Goulash	29 Breakfast	30 Meatloaf	*Meal Items are subject to change*

PACE North September 2021 News

PACE North

2325 Garfield Rd N
Traverse City, MI, 49686
(231) 252-2726

Don't Forget to Call PACE first if you
have any medical issues or questions.
Medical staff is always available by
phone at: (231) 252-2767. We can help
and want to ensure your safety.

Welcome to PACE!

Roger G. Peggy G.
Laura F. Raymond F.
Patricia O. David S.
June S. Christopher D.

Protect Yourself & Others!
Wear a Mask When Out and
About and Keep 6ft
Social Distance!



September is PACE Month!

Sprit Week to Celebrate

9/13: Tie Dye Day

9/14: Hat Day

9/15: Patriotic Day

9/16: Ice Cream Social

9/17: Western Day

Dress for the Occasion!



SPECIAL GUEST:
Reining Liberty
Ranch w. Ponies!

Maxine R. 9/01
Jenny S. 9/02
Helen D. 9/04
Judy R. 9/04
Wayne J. 9/06
Dianna B. 9/10
Maxine L. 9/13
Deb C. 9/15
Susan G. 9/20

We offer salon services weekly
on Wednesday and Thursday.
Call Jen @ (231) 252-3829 to
set up an appointment!