

SEPTEMBER 2022 ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Activities Available at All Times:</p> <ul style="list-style-type: none"> • PACE Library • Art Cart • Game Cart • Bored Board • TV & Movies 		<p><i>*Activities and Times are subject to change *</i></p> <p><i>*Independent/Your Choice Leisure Daily from 8:00am-10:00am*</i></p>	<p>1</p> <p>10:30 Coffee & Monthly Gazette/ Newsletter</p> <p>11:00 Yoga</p> <p>1:00 Movie & Popcorn!</p> <p>3:00 Zingo!</p> 	<p>2 Wear Your College Colors Day!</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Football Bingo!</p> <p>1:00 Football Toss</p> <p>2:00 Karaoke</p>
<p>5 PACE CENTER CLOSED</p> 	<p>6 Top 10 Tuesday</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Top 10 list!</p> <p>1:00 Bingo!</p> <p>2:00 Twister Toss!</p> <p>3:00 Trivia</p>	<p>7</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Balloon Badminton</p> <p>1:00 Bible Study</p> <p>2:00 Homemade Bird Feeders</p> <p>3:00 Pamper @ PACE: Manicures</p>	<p>8 NTL. School Picture Day</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Yoga</p> <p>1:00 Head Shots!</p> <p>2:00 Karaoke</p> <p>3:00 Self Portraits</p> 	<p>9 National Grand Parent Day!</p> <p>10:30 Coffee & Grand Word Puzzles</p> <p>11:00 Grand Bingo!</p> <p>1:00 Movie & Popcorn!</p> <p>3:00 Special Bond</p>
<p>12 PACE SPIRIT WEEK—TIE DYE DAY</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Jewelry Making: PACE Bracelets</p> <p>1:00 Tie Dye!</p> <p>2:00 Lassie's Birthday: Trivia</p> <p>3:00 Garden Group</p> 	<p>13 HAT DAY</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Hat trivia</p> <p>1:00 DIY hats</p> <p>2:00 Balloon Badminton</p> <p>3:00 Who am I?</p> 	<p>14 TOURIST DAY</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Bingo</p> <p>1:00 Bible Study</p> <p>2:00 Balloon Badminton</p> <p>3:00 Zingo!</p>	<p>15 MISMATCHED CLOTHING DAY</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Yoga</p> <p>1:00 Community Quilt</p> <p>2:00 Pamper @ PACE: Manicures</p> <p>3:00 Would you rather?</p>	<p>16 COUNTRY HOEDOWN</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Cowboy Trivia</p> <p>1:00 Bingo!</p> <p>2:00 Country Music Dance Party</p> <p>3:00 Zingo!</p> 
<p>19</p> <p>10:30 Coffee & word Puzzles</p> <p>11:00 Breathe & Stretch</p> <p>1:00 Corn-hole</p> <p>2:00 Pamper @ PACE: Manicures</p> <p>3:00 Random Trivia</p>	<p>20 House Plant Day!</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Brain Games</p> <p>1:00 Bingo!</p> <p>2:00 Plant House Plants</p> <p>3:00 Zingo!</p>	<p>21 Last Day of Summer— Fishing trip!</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Balloon Badminton Tournery</p> <p>1:00 Bible Study</p> <p>2:00 Water Balloon Fight!</p> <p>3:00 Popsicles on the Patio</p> 	<p>22 First Day of Autumn</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Yoga</p> <p>1:00 Autumn Craft</p> <p>2:00 Donuts & Cider</p> <p>3:00 Orchard Trivia</p> 	<p>23 Harvest Festival! -Apple Picking Outing</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Activity Packets & Music</p> <p>1:00 Color by Number</p> <p>2:00 Donuts & Cider!</p> <p>3:00 Zingo!</p>
<p>26</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Craft: Cork-y Apple Decorations</p> <p>1:00 Bingo!</p> <p>2:00 Trivia</p> <p>3:00 Gilligan's Island Day! Watch an Episode</p> 	<p>27</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Noodle Ball</p> <p>1:00 Cooking Class: Make Apple Sauce!</p> <p>2:00 Bingo!</p> <p>3:00 Move & Stretch</p>	<p>28</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Bingo!</p> <p>1:00 Bible Study</p> <p>2:00 Craft: Apple Stamping</p> <p>3:00 Corn Husking Relay</p> 	<p>29</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Yoga</p> <p>1:00 Canvas Painting: Fall Trees</p> <p>2:00 Karaoke</p> <p>3:00 Zingo!</p>	<p>30</p> <p>10:30 Coffee & Word Puzzles</p> <p>11:00 Activity Packets & Music!</p> <p>1:00 Bingo!</p> <p>2:00 Garden Clean Out</p> <p>3:00 Happy Hour</p>

September 2022 Dining Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Meal Items are subject to change		1 Beef Enchilada	2 Baked Spaghetti
5 PACE CENTER CLOSED	6 Pizza Party!	7 Chicken Pot Pie	8 Meatloaf	9 Goulash
12 Baked Spaghetti	13 Chicken Alfredo	14 Meatloaf	15 Beef Enchilada	16 Lasagna
19 Swedish Meatballs	20 Taco Tuesday	21 Chicken Cordon Bleu Casserole	22 Meatloaf	23 Pulled Pork and Mac n Cheese
26 Goulash	27 Breakfast	28 Roast Beef Sliders	29 Veggie Lasagna	30 Beef Enchilada

PACE North September 2022 News

PACE North

2325 Garfield Rd N
Traverse City, MI, 49686
(231) 252-2767

Don't Forget to Call PACE first if you have any medical issues or questions. Medical staff is always available by phone at: (231) 252-2767. We can help and want to ensure your safety.

Welcome to PACE!

Joyce W. Lole Lee K.
Gary P. Matthew P.
Donna K. Donald S.
Cherie E. Pam W.
Jewell F. John M.

Protect Yourself & Others!
Wear a Mask When Out and About and Keep 6ft Social Distance!



September is PACE Month!

****Spirit Week to Celebrate****

9/12: Tie Dye Day
9/13: Hat Day
9/14: Tourist Day
9/15: Mismatched Clothing Day
9/16: Western Day

Dress for the Occasion!

Outings

Last Fishing Trip: 9/21
Apple Picking: 9/23

Maxine R. 9/01 Deb C. 9/15
Jenny S. 9/02 Keith D. 9/16
Dale C. 9/03 Nancy J. 9/16
Judy R. 9/04 Susan G. 9/20
Maxine L. 9/13 Don G. 9/25
Randy D. 9/14

We offer salon services weekly on Wednesday and Thursday. Call PACE or ask a staff member to set up an appointment!
231-252-2767