

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 1 PACE NORTH CENTER CLOSED Call 231-252-2767 for urgent matters. | 2 BINGO LUNCH—Tacos Let’s Get Moving with Jillian | 3 Participant Advisory Council 11:30 Manicures & BINGO LUNCH—Meatloaf Let’s Get Moving with Jillian 1—Miriam Pico Performance | 4 US History Trivia LUNCH—Breakfast Let’s Get Moving with Jillian BINGO | 5 PACE AWARENESS MONTH ALL MONTH BINGO LUNCH—Lasagna Let’s Get Moving with Jillian Congresssman Bergman Visit Rootbeer Floats & Boston Coolers |
| 8 Book Mobile Day 1:00 p.m. MOBILE CLINIC DAY Manicures & BINGO LUNCH—Picadillo Beef Let’s Get Moving with Jillian | 9 MOBILE CLINIC DAY LUNCH—Chicken Alfredo Shells Let’s Get Moving with Jillian 12:30 pm Bible Study—CANCELLED BINGO September Quiz | 10 LUNCH—Goulash Let’s Get Moving with Jillian 1:00 Women’s Group BINGO | 11 Book Mobile Day 1:00 p.m. BINGO LUNCH—Potato Soup w/Bacon & Sandwich Let’s Get Moving with Jillian Music Trivia | 12 Chocolate Milkshake Day BINGO LUNCH—Chicken Fried Steak Let’s Get Moving with Jillian Milkshakes for All! |
| 15 LUNCH—Chili Let’s Get Moving with Jillian BINGO Music Movements PACE Awareness Testimonies | 16 Manicures & BINGO LUNCH—Philly Cheesesteak Sandwich Let’s Get Moving with Jillian Creative Arts Class w/Emma | 17 Oktoberfest BINGO LUNCH—Chicken & Dumplings Let’s Get Moving with Jillian No Bible Study this month with Kathy PACE Awareness Testimonies | 18 PACE Awareness Testimonies LUNCH—Meatloaf w/Roasted Potatoes Let’s Get Moving with Jillian BINGO NERF WARS WITH STAFF | 19 Manicures & BINGO LUNCH—Lemon Herb Baked Cod Let’s Get Moving with Jillian Armchair Travel—Germany |
| 22 FALL PREVENTION WEEK MOBILE CLINIC DAY LUNCH—Beef Stew Let’s Get Moving with Jillian BINGO—Fall Prevention Theme | 23 Fall Crafting LUNCH—Kielbasa & Saurkraut Let’s Get Moving with Jillian 12:30 pm Bible Study-CANCELLED BINGO | 24 COLOR TOUR OUTING LUNCH—Chicken Fajita Burrito Let’s Get Moving with Jillian 1:00 pm Women’s Group BINGO | 25 COLOR TOUR OUTING LUNCH—Beef Stir Fry Let’s Get Moving with Jillian BINGO Karaoke | 26 LUNCH—Salisbury Chicken Let’s Get Moving with Jillian 12:30—Music with Mark Birthday Party BINGO |
| 29 MOBILE CLINIC DAY BINGO LUNCH—Tomato Basil Soup w/Sandwich Let’s Get Moving with Jillian | 30 BINGO LUNCH—Wet Burrito Let’s Get Moving with Jillian | Activities available at all times: <ul style="list-style-type: none">• PACE Library• Art Cabinet• Game Cabinet & Puzzles• TV & Movies |  <div>Recreation Therapy Assistant ELISE</div> | <i>Activities and Times are subject to change *</i> <i>COLOR TOUR OUTINGS are weather permitting and if the colors are out. We will offer a 3rd date if needed.</i> |

PACE North September 2025 News

Word Search
GERMAN CITIES



L B M S S O L I N G E N F T
P R I E W B S D R E S D E N
O E K D S T U T T G A R T H
T M O U Z S D L R T O R D A
S E B S N W I E S B A D E N
D N L S U N B E R L I N O N
A C E E R L F M U N I C H O
M Z N L E C O L O G N E M V
W K Z D M A H A M B U R G E
N D I O B L E I P Z I G O R
R E F R E I B U R G R Q X Z
H Z I F R A N K F U R T T D
L E H M G E V F N M A I N Z
W F G E K A R L S R U H E F

- Nuremberg

Freiburg

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Mainz
- Berlin

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Karlsruhe

Solingen
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Potsdam

Koblenz

PACE North

2325 Garfield Rd N
Traverse City, MI, 49686
(231) 252-2767

Call PACE first if you have any medical issues or questions. Medical staff is available by phone 24/7 at:

(231) 252-2767.



September is
National
PACE
Awareness
Month

National PACE Awareness Month is celebrated every September to shine a light on the Programs of All-Inclusive Care for the Elderly (PACE).

PACE is a program that helps older adults with complex care needs, stay living safely in their own homes and communities. Instead of juggling many doctors and services, PACE brings everything together under one team—medical care, social activities, transportation, meals, and support for families. All month we will be asking for your testimony to help us spread the word about PACE in order to help more seniors get the care they need to live the life they want.



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|-----------|------|------------|------|
| Jeanne M | 9/01 | Keith D | 9/16 |
| Delores H | 9/02 | Nancy J | 9/16 |
| Jenny S | 9/02 | Terri M | 9/16 |
| Judy R | 9/04 | Susan K | 9/17 |
| Jewell F | 9/06 | Judy R | 9/18 |
| Steven H | 9/06 | Don A | 9/18 |
| Doug M | 9/06 | Pauline G | 9/19 |
| Beth P | 9/07 | Bob W | 9/19 |
| Joyce R | 9/12 | Todd K | 9/23 |
| Eleanor N | 9/13 | Betty P | 9/24 |
| Joanne T | 9/13 | Louanne R | 9/24 |
| Randall D | 9/14 | Caroline P | 9/25 |
| Bill L | 9/14 | Karen M | 9/30 |
| Deb C | 9/15 | | |

Anyone, staff, participant or caregiver, that shares their PACE testimony will be entered into a drawing to win a \$50 gift card! Please tell us how PACE has helped you or what PACE has meant to you and your family.